

À LA CARTE

BREAKFAST SERVED

MON - FRI | 7:00 - 10:45 AM SAT & SUN | All Day

TWO EGGS ANY STYLE \$6.49 Poached • Over Easy • Over Medium • Over Hard • Sunny Side Up • Scrambled
THE CONTINENTAL\$13.99
Choice of breakfast pastry++ or fresh fruit cup served with jam, butter, juice and coffee
THE TRADITIONAL\$16.99
Two eggs any style, fresh fruit cup served with choice of breakfast pastry++, jam, butter, juice and coffee
FRITTATA \$14.49
Open-faced omelette with bacon, cheddar cheese, & rosemary roasted potatoes
VEGETARIAN FRITTATA\$14.49
Open-faced omelette with spinach, tomatoes, and Swiss cheese
QUICHE LORRAINE\$10.99
With smoked ham, bacon and Swiss cheese
QUICHE DU JOUR\$10.99
Ask your server about today's selections
++ADDITIONAL CHARGES MAY APPLY



Create Your Own Omelette

EGGS BENEDICT\$18.49 Two poached eggs over a toasted English muffin with Canadian bacon and hollandaise sauce served with rosemary roasted potatoes
PANCAKES\$14.49 Four homemade pancakes topped with fresh berries, bananas and whipped cream. SIMPLE PANCAKES \$10.49
BELGIAN WAFFLE\$14.49 Homemade waffle topped with fresh berries, bananas and whipped cream. SIMPLE WAFFLE \$10.49
JUNIOR PANCAKES
FRENCH TOAST\$8.99 Two slices of French toast
SIMPLE OMELETTE

CREATE YOUR OWN

OMELETTE......\$13.99

FRESH SEASONAL FRUIT BOWL \$7.99 | CUP \$5.99

Ham • Bacon • Sausage • Swiss Cheese • Cheddar Cheese • Feta Cheese Green Peppers • Spinach • Mushrooms • Tomatoes • Onions

Choice of 3 fillings. Served with rosemary roasted potatoes. Each additional topping \$1.99

SPÉCIALITÉS DE LA MAISON

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

FRESH PASTRIES





FILLED CROISSANTS

ALMOND (MINI OR REGULAR)++ APPLE **APRICOT** BACON, EGG, & CHEESE++ BROCCOLI, MUSHROOM, & SWISS++ **CLASSIC BUTTER** CHERRY CHOCOLATE (MINI OR REGULAR)++ CREAM CHEESE HAM & SWISS++ LEMON CREAM CHEESE **RASPBERRY** SALTED CARAMEL SPINACH & FETA++ SPINACH & RICOTTA++ STRAWBERRY CREAM CHEESE

SPECIALTY PASTRIES

APPLE FEUILLETÉ
ASSORTED MUFFINS
CINNAMON CREAM CHEESE DANISH
CINNAMON PECAN ROLL
CINNAMON ROLL
CINNAMON TWIST
CRONISH
DANISH
PALMIERS
TURNOVER (APPLE OR CHERRY)

++ADDITIONAL CHARGES APPLY

BREAKFAST SANDWICHES

Served on your choice of a biscuit, croissant, toast or English muffin. Add cheese to any option for \$1.49. Add an additional egg for \$2.49

BACON & EGG	\$8.49	HAM & EGG	\$8.49
SAUSAGE & EGG	\$8.49	EGG & CHEESE	\$6.49

SIDES

MEATS	\$5.49	ROSEMARY ROASTED POTATOES	\$5.49
Choice of Bacon (4) • Sausage Links (4) • Sausage Patties (2) • Ham Slices (3)		ENGLISH MUFFIN	\$3.49
TOAST	\$3.49	BISCUIT & GRAVY	\$5.49
Choice of Rye • 9-Grain • White		SIDE OF GRAVY	\$4.49



SALADS

LUNCH SERVED

DAILY | 10:45 AM - 2:30 PM

Original House Dressing (Dijon Vinaigrette) • Lemon-Balsamic Vinaigrette • Raspberry Vinaigrette

Buttermilk Ranch • Caesar • Bleu Cheese

Mixed greens, tomatoes, carrots, cucumbers, hearts of palm, and croutons. Served with your choice of dressing.

SALADE NIÇOISE..... FULL \$22.99 | PETITE \$16.49

Field greens, Albacore tuna, potatoes, bell peppers, red onions, tomatoes, hard-boiled eggs, niçoise olives, and anchovies with lemon-balsamic dressing

BAY SHRIMP SALAD... FULL \$22.99 | PETITE \$16.49

Mixed greens, Napa cabbage, chow mein noodles, shrimp, julienne of bell peppers, carrots, red onions, snow pea pods, and toasted almonds served with oriental vinaigrette

VEGETARIAN SALAD.. FULL \$20.49 | PETITE \$15.99

Baby spinach, seasonal berries, red grapes, mandarin oranges, toasted walnuts, red onions, and grated asiago topped with raspberry vinaigrette

MEDITERRANEAN CHICKEN SALAD...... FULL \$20.49 | PETITE \$15.99

Grilled chicken, mixed greens, artichoke hearts, roasted red peppers, red onions, cucumbers, tomatoes, feta cheese, and croutons served with lemon-balsamic dressing

LA BONNE BOUCHÉE CHICKEN SALAD...... FULL \$19.49 | PETITE \$15.99

Homemade chicken salad on top of mixed greens with tomatoes, cucumber and carrots. Served with your choice of dressing.

SOUPS

LA BONNE BOUCHÉE
FRENCH ONION...... BOWL \$9.99 CUP \$6.99

SOUP DU JOUR..... BOWL \$8.49 | CUP \$6.99



ENTRÉES





Served with your choice of: Soup Du Jour • French Onion Soup • Side Salad

QUICHE LORRAINE..... FULL \$15.49 | HALF \$12.49 Smoked ham, bacon, and Swiss cheese Served with our vegetable du jour

QUICHE DU JOUR...... FULL \$15.49 | HALF \$12.49

Ask us about available selections! Served with our vegetable du jour

LE CROQUE MONSIEUR......\$16.99

Grilled ham and Swiss cheese sandwich with Dijon mustard on white bread. Topped with creamy béchamel sauce

CROISSANT AU JAMBON ET FROMAGE..\$15.99

Ham & Swiss cheese on a butter croissant topped with creamy béchamel sauce

BAY SHRIMP PASTA......\$22.99

Bay shrimp, farfalle pasta, tomatoes, artichoke hearts, kalamata olives, and garlic in tomato fennel sauce with asiago cheese

LES CRÊPES AUX FRUITS DE MER ET AUX EPINARDS...... FULL \$20.99 | HALF \$13.49

Baked crêpes with shrimp, crab, and spinach topped with tarragon lobster and mornay sauce

ASK US ABOUT OUR SPECIALS OF THE DAY

LA BOUCHÉE AUX CREVETTES...... \$21.99

Puff pastry shell filled with shrimp, mushrooms, julienne of carrots, and asparagus in a tarragon lobster sauce

LE VOL AU VENT...... \$19.49

Puff pastry shell filled with grilled chicken breast and mushrooms in a supreme sauce. Served with our vegetable du jour

SAUTÉED SALMON......\$21.99

Sautéed filet of Atlantic salmon with basil pesto butter, white and wild rice blend. Served with our vegetable du jour

BAKED CHICKEN BREAST......\$21.99

Oven-baked chicken breast with cream sauce, sautéed mushrooms and broccoli. Served with white and wild rice blend

Served with our vegetable du jour. ADD CHEESE \$1.49

CREATE YOUR OWN

With your choice of three toppings. Served with our vegetable du jour

- Ham Bacon Sausage • Green Peppers • Spinach
- Tomatoes Mushrooms
- Onions Cheddar Cheeses
- Feta Cheese Swiss Cheeses
- Additional Toppings + \$1.99 + \$1.99 Egg Whites

SPÉCIALITÉS DE LA MAISON

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SANDWICHES





Sandwiches served with a bowl of fresh fruit or chips.

Bread Selections: Swirled Rye • Nine Grain • Butter Croissant • Ciabatta

LA BONNE BOUCHÉE CLASSIC CHICKEN SALAD	SLOW-ROASTED TOP ROUND OF BOEUF
VEGETABLE SANDWICH \$13.49	SMOKED TURKEY BREAST \$16.49
Fresh spinach, tomatoes, red onions, dill havarti cheese, hummus, and niçoise olive tapanade on your choice of bread	Deli-sliced smoked turkey, provolone cheese, lettuce, tomatoes, and avocado mayonnaise on your choice of bread
LA SALADE DE THON \$16.49	CHOOSE TWO \$14.99
Albacore tuna, chopped hard-boiled eggs, lettuce, tomato, and diced pickles on your choice of bread	Your choice of two: Half Sandwich • Fresh Fruit Cup • Cup French Onion Soup • Cup of Soup Du Jour • Side Salad

CHILDREN'S MENU

Includes a small drink and fresh fruit cup or chips. Available to adults at additional charge.

TOASTED CHEDDAR CHEESE	\$8.99
DELI SLICED TURKEY SANDWICH	\$8.99
PEANUT BUTTER & JELLY	\$8.99
BOW TIE PASTA	\$8.99

Tossed in butter and parmesan cheese

